

## Burstow & Smallfield - Community Activities

Version – 17<sup>th</sup> August 2108

Activity	Day & Time	Venue	Ages	Contact / Other Details	Cost
<b>Sport &amp; Exercise</b>					
<b>Over 50s Table Tennis</b>	<b>Monday</b> 10 – 11:30 am	Centenary Hall	Over 50	Lisa 07805 134 549 <a href="mailto:pingtastic@outlook.com">pingtastic@outlook.com</a>	£5 per session
<b>Yoga</b>	<b>Monday</b> 7:15 - 8:45 pm	Centenary Hall	All	Yvonne Chapman <a href="mailto:yforyoga@btinternet.com">yforyoga@btinternet.com</a>	
<b>Tai Chi</b>	<b>Tuesday</b> 10 - 11 am & 11 - 12 am	Centenary Hall	All	Alice Shaw <a href="mailto:aliceashaw@hotmail.com">aliceashaw@hotmail.com</a>	
<b>Badminton</b>	<b>Tuesday</b> 8 - 9:30 pm	Centenary Hall	All	Bob Locke/Jeannie Ryan 01342 841 880	
<b>Short Walk (2 miles)</b>	<b>1<sup>st</sup> Tuesday</b> of the month 10:30 am – 12:30 pm	See contact details for meeting point	All	Judy 07570 792 718, or Pete 07836 607 637 <a href="mailto:phughes@montblancoilandgas.com">phughes@montblancoilandgas.com</a>	Free
<b>Short Mat Bowls</b>	<b>Wednesday</b> 10 - 12 am	Centenary Hall	All	Max Woodward 01342 718 862 <a href="mailto:max@thewoodwards.plus.com">max@thewoodwards.plus.com</a>	
<b>ZUMBA</b>	<b>Wednesday</b> 6:30 - 7:30 pm	Centenary Hall		01342 841 880	
<b>Moves Fitness</b>	<b>Wednesday</b> 7:30 - 8:30 pm	Centenary Hall	All	Marie Antony 07768 382716	
<b>Flexercise</b>	<b>Thursday</b> 10 - 11:15 am	Centenary Hall	18 – 85	Melody Sturt 01883 743 809 <a href="mailto:melodysturtfitness@gmail.com">melodysturtfitness@gmail.com</a>	
<b>Cricket Club</b>		Plough Road	All	Peter 07952 224 953 or Pat 01342 843 883 <a href="http://www.smallfieldcricket.net">www.smallfieldcricket.net</a>	
<b>Horne Golf Club</b>	Every Day	Croydon Barn Lane	All	01342 844 443 <a href="mailto:enquiries@hornepark.co.uk">enquiries@hornepark.co.uk</a>	Membership & Day Fees
<b>Gatwick FootGolf</b>	Every Day 9 am - dusk	Antlands Lane, Burstow	All	01293 820 303 <a href="mailto:info@gatwickfootgolf.com">info@gatwickfootgolf.com</a>	Week Day £12

Health & Welfare					
<b>Forget-Me-Nots</b> (Dementia Group)	<b>Tuesday</b> 2 - 4 pm	Centenary Hall	All	Bobby 07703 451 618	Free
<b>Stroke Club</b>	<b>Wednesday</b> 10:30 am – 12 pm	Recreation Room, 18 Churchill Road	All	Ann Slade 01342 843 324 Also have regular outings funded by the Stroke Association	£2 per session
<b>Slimming World</b>	<b>Wednesday</b> 7:30 pm	St Bartholomew's Church Hall	All	Kirsty 07890 141 974	
<b>Hear Here</b>	1 <sup>st</sup> <b>Friday</b> of every month, 1:30 - 2:30 pm. (same afternoons as Cameo - people welcome at either or both)	St Bartholomew's Church Hall	All	NHS audiology trained volunteer Helen 07762 632 620. Free basic maintenance and free hearing aid batteries, funded by the NHS	Free
<b>'Stress Buster' Wellbeing (Yoga &amp; Mindfulness)</b>	1 <sup>st</sup> <b>Saturday</b> of every month, 10:00 - 11:30 am.	Centenary Hall	All	Kelly <b>Book via website links or Kelly's email</b> <a href="http://www.consciousintentions.as.me/smallfieldstressbuster">www.consciousintentions.as.me/smallfieldstressbuster</a> <a href="http://www.consciousintentions.co.uk">www.consciousintentions.co.uk</a> <a href="mailto:Kelly@consciousintentions.co.uk">Kelly@consciousintentions.co.uk</a>	Free
Social & General Interest					
<b>Women's Institute</b>	2 <sup>nd</sup> <b>Tuesday</b> of every month, 2:00 pm	St Bartholomew's Church Hall	All	Joan 01342 844 375	
<b>Mothers Union</b>	One <b>Tuesday</b> afternoon a month	Usually in a Private Home	All		Free
<b>Aviation Group</b>	1 <sup>st</sup> <b>Tuesday</b> of the month (except August) 7 – 9 pm	Centenary Hall	All	John Thorpe 01342 842 594 Guest speakers on various aviation topics	£3 non-members
<b>Welcome on Wednesdays Coffee Morning</b>	Every <b>Wednesday</b> 10:30 am – 12:30 pm	St Bartholomew's Church Hall	All	Sheila 07740 788 267	£1

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<b>Wednesday Club</b>	See Parish Magazine as different day each month	Lloyd Hall, Outwood	All	Meetings include speakers on various topics	
<b>Coffee Morning</b>	<b>Friday</b>	Community Room, Churchill Road	All		
<b>CAMEO</b> (come and meet each other)	1st <b>Friday</b> of every month 2 - 4 pm	St Bartholomew's Church Hall	All	Jo Coulson-Davies 01342 843 498 Programme of speakers is publicised in Parish News and on Church notice board	Free
<b>Community Lunch</b>	3 <sup>rd</sup> <b>Sunday</b> of the month 1:00 pm (Bike ride in June may affect day, and no lunches in August or December).	St Bartholomew's Church Hall	All	Kay 07808 322 440, or Caroline 07795 346 675 Leave a message if the phone goes to answerphone. Two-course meal; vegetarian option if pre-booked. Booking is helpful but not essential.	No fixed price but financial donations appreciated.
<b>Messy Church</b>	4 <sup>th</sup> <b>Sunday</b> of every month 4:00 pm	St Bartholomew's Church Hall	All	Activities and a tea for parents / grandparents / carers with children (i.e. not children on their own).	Free
<b>Dance Mania</b>	<b>Thursday</b> 7:30 – 9 pm <b>Friday</b> 8 - 10:30 pm	Centenary Hall	All	Debbie Axon 07801 261 150 <a href="http://dancemaniadanceschool.net">dancemaniadanceschool.net</a>	
<b>Evening / Tea Dances</b>	Various Times during the Year	Centenary Hall	All	See Burstow PC website <a href="http://burstowparishcouncil.org.uk">burstowparishcouncil.org.uk</a>	
<b>Smallfield Club &amp; Reading Room</b>	Mon / Tues / Wed / Thurs 11-2:30 pm & 7-11 pm Friday / Saturday 11 am – 11:45 pm Sunday 11 am – 11 pm	New Road, Smallfield	All	01342 842 396 <a href="https://facebook.com/Smallfield-Club">facebook.com/Smallfield-Club</a>	Membership
<b>Burstow Scout Group</b>	<b>See website for days</b>	Redehall Road, Smallfield	6-18	01342 844 998 <a href="mailto:gls@burstowscouts.org">gls@burstowscouts.org</a> <a href="http://www.burstowscouts.org">www.burstowscouts.org</a>	

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Arts and Crafts					
<b>Art Club</b>	<b>Monday</b> 10 am - 12 pm	Centenary Hall	All	Betty 01342 843 537	£4 per session
<b>Art Group</b>	<b>Monday</b> 10 am - 12 pm	Community Room, Churchill Road	Over 55	Nina 07889 677 292 or Ron 01293 279 104	£4 per session
<b>Art Class</b>	<b>Tuesday</b> 10 am – 12 pm	St Bartholomew’s Church Hall	All		£5 per session
Education & Learning					
<b>Learn Through Play (Pre-school)</b>	Term Time – from September	Centenary Hall			
<b>Windmill Children’s Centre</b>	<b>Tuesday – Thursday</b> 10 am – 4 pm	Sure Start Centre, Wheelers Lane	Birth - 5	01342 841 586 <a href="http://www.windmilcc.com">www.windmilcc.com</a>	
<b>Children’s Dance Classes</b>	Various Days & Times	Centenary Hall		<a href="http://whitesidesschoolofdance.co.uk">whitesidesschoolofdance.co.uk</a>	
<b>Workers Education Association</b>	Various Days & Times	Horley and other locations	All	Wide range of course topics <a href="http://www.wea.org.uk">www.wea.org.uk</a>	Varies according to length of course
<b>U3A – University of the 3<sup>rd</sup> Age</b>	2 <sup>nd</sup> <b>Thursday</b> of the month 2 – 4 pm	Regent Hall, Horley	Over 50	Hold meetings with speakers on various topics, study days and other events, including a Cinema Group and Walking Group <a href="http://www.u3asites.org.uk/horley/">www.u3asites.org.uk/horley/</a>	£2 to non- members

General & Useful Services					
<b>Smallfield Handyman</b>				Ian Griffiths 07786 583 440 <a href="mailto:alisongriffiths7@aol.com">alisongriffiths7@aol.com</a>	Free
<b>Tandridge Handyperson Service</b>				Tandridge District Council 01883 722 000 Home repairs by trusted trades people, for older and disabled people.	Free
<b>Computer, Phone &amp; IT Assistance</b>	<b>Friday</b> 45 min. sessions 2 – 5 pm	Smallfield Surgery		Graham – text or phone to book a session 07836 725 211	Free
<b>Smallfield Market</b>	<b>Saturday</b> – Dates this year July 7 <sup>th</sup> & 21 <sup>st</sup> August 4 <sup>th</sup> September 1 <sup>st</sup> , 15 <sup>th</sup> & 29 <sup>th</sup> October 13 <sup>th</sup> & 27 <sup>th</sup> November 10 <sup>th</sup> & 24 <sup>th</sup> December 8 <sup>th</sup> & 22 <sup>nd</sup>	Centenary Hall		Jeannie Ryan – Parish Council Clerk 01342 841 880 <a href="mailto:burstowpc@btconnect.com">burstowpc@btconnect.com</a>	
<b>Allotments</b>		Plough Road, Keepers Corner, Burstow		Jeannie Ryan – Parish Council Clerk 01342 841 880 <a href="mailto:burstowpc@btconnect.com">burstowpc@btconnect.com</a>	35p per square metre (discounts for pensioners)

Note – see the Parish Magazine for details of local events and activities. Copies can be purchased from the local shops including the Post Office, and it is posted on the Parish Council website.

Note – also see the Parish Council website for news and further events and activities [www.burstowparishcouncil.org.uk](http://www.burstowparishcouncil.org.uk)